**CBT-L5 Record of Completed Assessments**

Candidate’s name:

Tutor’s name:

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| **Documents** | **Tutor signature and date** | **Candidate signature and date** |
| Learning Review |  |  |
| Client record (30 hours with at least three clients using CBT) |  |  |
| Supervision record (hours in line with BACP/BABCP requirements) |  |  |
| Assignment 1 (3,000 - 3,500 words)  Assignment 2 (3,000 – 3,500 words) |  |  |
| **Tutor observation** |  |  |
| One tutor-observed counselling practice session using CBT skills |  |  |
| One case presentation (with group supervision) |  |  |
| **Testimony** |  |  |
| One supervisor’s report on capacity to work ethically and safely using CBT |  |  |
| Peer feedback |  |  |